



# September 2009

## Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	1 Brunch and Learn— Healthy Bodies Now & Later 10:00	2 Birthday Party 12:30 Foot Clinic by appt. Crystal Springs 1:00	3	4 Becky Kimball Easy Listening Music 11:30
7 <b>Center Closed for Labor Day</b>	8 Foot Clinic by appt	9 Memory Club 10:00 Crystal Springs 1:00	10 Chiropractic by appt.; Lunch sponsored by Myer's Mortuary; Utah Symphony Trip 6:15	11 & 12 Brigham City's Famous Peach Days Celebration!!!! <b>Center Closed</b>
14 Kelly Warren & His Guitar 11:30;	15	16 Utah State Fair 11:00 a Jerry Jensen, Honky Tonk Piano 11:30	17 Caregiver's Comfort Club 6:00 Trip to Utah Symphony 6:15 Red Hat Society 1:00	18 Odell Summers & His Xylophone
21 Kelly Warren & Karaoke 11:30; Lunch sponsored by Gillies Funeral Chapel. Nashville Tribute Band 5:30 Art from the Heart dinner/fundraiser 6:30 pm	22	23 Volunteer Training - "Slip and Fall Preven- tion" 5:00	24 Commodities 9:30 Trip to the Circus 5:00 pm	25 Trevor White Contemporary Music
28 Trip to Wendover 7:30; Happy Feet 10:00 Kelly Warren & His Guitar 11:30	29	30 Annual Health Fair with Flu Shots 9-12	<p><i>Why should society feel responsible only for the education of children, and not for the education of all adults of every age?</i> ~Erich Fromm</p> <p><i>Life is drama—what it needs is a little comedy.</i> ~Brandon Foster, RB &amp; B&amp;B Clown</p>	

### DAILY

Lunch M-F 12-1  
Hall Walking 8-10 a  
Library M-F 8-4  
Pool Room M-F 8-4  
Computer Lab 8-12;1-4

### WEEKLY

Advanced Spanish M 10:00 a  
Tai Chi M 10:00a  
Intermediate Spanish T 10:00  
Watercolor T 9:30-12

Square Dance T 7-10 p  
Line Dancing M/W 1:00 p  
Yoga Tu/Th 4:00 p  
Bridge/Pinocle Th 1:00 p  
Japanese Bunka Embroidery W 9:00  
Ceramics Night Tu 5-9  
Tu/Th Ceramics 10-4  
Sit & Dance Th 10:00  
Sit & Be Fit W/F 10:00 a  
Tap Dancing W/F 9 a  
Beginning Ceramics F 10:00 a

Computer classes as scheduled:  
Contact Nancy to enroll.

**GENERAL INFO:** Telephone  
Reassurance, Friendly Visitor, Info.  
and Referral; Senior Transit M-W-F  
723-3303 X18; MOW Hot meals M-F  
Frozen Sat-Sun.; **Please make  
lunch & To Go reservations one  
day in advance.**